**Partner Betrayal Trauma Trust Scale Questionnaire:**

Your trust being damaged because of his choices is a real consequence in partner betrayal trauma. This scale serves two purposes. First, this scale will help you see the areas of trust that have been uniquely damaged by his betrayal and to what level of severity. This information can help you see the areas you need strengthening or support in. Secondly, this is a scale you can come back to and retake periodically to see which areas of trust are being restored and which might still need to be an area of focus as you heal. Be sure to write down your test score after you complete the test. Revisit this page any time after to take the test again.

1. Prior to your knowledge of betrayal, did you trust your husband/significant other emotionally?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
2. Prior to your knowledge of betrayal, did you trust your husband/significant other generally?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
3. Prior to your knowledge of betrayal, did you trust your husband/significant other spiritually?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
4. Prior to your knowledge of betrayal, did you trust your husband/significant other in social situations?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
5. Prior to your knowledge of betrayal, did you trust your husband/significant other sexually?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
6. Prior to your knowledge of betrayal, did you trust your husband/significant other financially?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
7. Prior to your knowledge of betrayal, did you trust your husband/significant other parenting?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
8. Prior to your knowledge of betrayal, did you trust your husband/significant other with general responsibilities?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
9. Prior to your knowledge of betrayal, did you trust your husband/significant other in other extended family relationships?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
10. Prior to your knowledge of betrayal, did you trust your husband/significant other to keep their word?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
11. Prior to your knowledge of betrayal, did you trust your husband/significant other to follow through with their commitments?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
12. Prior to your knowledge of betrayal, did you trust your husband/significant other with their recovery?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
13. After your knowledge of betrayal, do you trust your husband/significant other emotionally?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
14. After your knowledge of betrayal, do you trust your husband/significant other?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
15. After your knowledge of betrayal, do you trust your husband/significant other spiritually?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
16. After your knowledge of betrayal, do you trust your husband/significant other in social situations?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
17. After your knowledge of betrayal, do you trust your husband/significant other sexually?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
18. After your knowledge of betrayal, do you trust your husband/significant other financially?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
19. After your knowledge of betrayal, do you trust your husband/significant other parenting?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
20. After your knowledge of betrayal, do you trust your husband/significant other with general responsibilities?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
21. After your knowledge of betrayal, do you trust your husband/significant other in other extended family relationships?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
22. After your knowledge of betrayal, do you trust your husband/significant other to keep their word?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
23. After your knowledge of betrayal, do you trust your husband/significant other to follow through with their commitments?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
24. After your knowledge of betrayal, do you trust your husband/significant other with their recovery?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently