

WEDNESDAY HUMANS HEALING IN COMMUNITY GROUP RULES 7:30PM EST -
8:30PM EST

- It is imperative that we respect each other by not interrupting, correcting, or advising. We are here to listen and support and learn.
 - Please make sure there are no children or others in the room with you.
 - Please put yourselves on mute unless you are speaking.
 - Please do your best to join the Zoom Meeting at 7:25PM EST.
- Whatever you hear here, stays here. Anonymity is a top priority. We have already been betrayed so please do no further harm to each other by sharing someone else's story.
- You are all welcome to share. When you want to speak, please wait for me to ask for comments, raise your hand, and let me call on you.
 - You are welcome to put comments and questions in the chat box..
 - Please do not take offense if I ask you to pause. We are limited on time.
- Most times bearing witness to someone else's pain is enough to help them lay their burden down.
- Thank You for putting your trust in me and each other. You are wanted here.